

AREA INFORMATION/LEISURE TIME

It's incomparable natural beauty makes the Monterey Peninsula one of the most beautiful mergers of land and sea in the world. Whether your interests are cultural, historical, ecological or recreational, they will be satisfied in Monterey. The conference is designed to provide participants with two free afternoons for enjoying a myriad of activities on the Asilomar conference grounds and throughout the surrounding area.

Leisure time opportunities abound on the Monterey Peninsula, which encompasses Monterey, Old Fisherman's Wharf, Cannery Row, Pacific Grove, Pebble Beach, Carmel and Salinas, as well as south to Big Sur and east to the wine country of Salinas Valley. Below are listed suggested things to do and see during your visit to Monterey!

- * Recognized as the premiere aquarium in the world, the Monterey Bay Aquarium's exhibits offer a diver's eye view into the underwater environment of Monterey Bay.
- * Explore the times and places where John Steinbeck lived and wrote at the National Steinbeck Center.
- * Drive the fabulous 17-Mile Drive through Pebble Beach and picnic in the company of seals, otters and other marine life to Seal Rock Picnic Area - or travel beautiful Highway One to Big Sur, crossing the spectacular Bixby Creek Bridge, one of the world's ten highest single-span, rainbow arch bridges.
- * Visit the Pacific Grove Museum of Natural History and climb Sandy the Whale, a life-sized bronze sculpture located outside the museum's front doors.
- * Experience the beauty and serenity of limitless walking, hiking and biking trails throughout Monterey County's recreational areas and state parks.
- * At Pt. Lobos State Reserve, hike to the cove that inspired Robert Louis Stevenson's "Treasure Island" and visit the Whaling Museum.
- * Experience what life was like in the early days of old Monterey on Monterey's "Path of History" walking tour of over 40 restored buildings.
- * Shop 'til you drop at the exclusive, elegant shops in downtown Carmel-by-the-Sea, or the specialty stores in Carmel Valley Village. Monterey and Pacific Grove also offer a wide variety of shopping in bookstores, craft shops and the American Tin Cannerly outlet mall - or visit the dozens of galleries throughout the area.
- * Delight in a whale watching or sightseeing cruise off Fisherman's Wharf.
- * Kayak around the calm waters of Monterey Bay viewing the harbor seals, sea lions and others.
- * Visit the vintners and growers of Monterey County to sample a unique wine region. To arrange a Wine Country trip, call (831) 375-9400 or visit online at www.montereywines.org.
- * And finally, punctuate your trip by enjoying some of Monterey County's signature area crops - the freshest seafood, fruits and vegetables, and, of course, Monterey Jack cheese!

Visit www.Montereyinfo.org for additional area information.

ACCOMMODATIONS

This year's conference returns to Asilomar Conference Grounds - the site of the very first Women in Medicine Conference! Asilomar, Monterey Peninsula's "Refuge by the Sea," is nestled along the shoreline of the Monterey Bay National Marine Sanctuary in Pacific Grove, California. This historic and charming ocean front retreat enjoys an enchanting combination of forest and dunes, featuring boardwalks, walking trails, and a myriad of places to explore. Other recreational activities on property include a heated swimming pool, volleyball, ping pong and billiards.

A block of rooms has been reserved for WIM conference registrants at Asilomar. Upon registration for the conference, an Asilomar Housing Form will be sent to you. You must use this form to secure accommodations at Asilomar (four nights - full time participation only). Telephone reservations will not be accepted. Asilomar rooms are designed free from everyday interruptions, including televisions and telephones. Room rates include three meals per day (full-course, fixed menu). Special dietary needs may be indicated on the housing form.

Space at Asilomar is limited during this busy summer season; please make your housing arrangements (and register for the conference) early. Rooms cannot be guaranteed after May 5th.

If you are a registered participant staying off property, there is a \$37 off site fee to attend the conference. Additionally, if you wish to dine with the group, you may purchase the meal ticket package for dining at Asilomar on the conference registration form.

TRANSPORTATION AND TRAVEL

Asilomar is within minutes of Monterey, Carmel and Pebble Beach. Located 75 miles south of San Jose and 120 miles south of San Francisco, Asilomar is conveniently served by the Monterey Peninsula, San Jose, San Francisco and Oakland airports. Two main highways enter Monterey County - Highway One, the scenic (and slow) route which follows the coastline between San Francisco and Los Angeles, and Highway 101, with easy connections to Interstate 5 in the San Joaquin Valley.

WEATHER

The Monterey coast is consistently mild with an average temperature of 57 degrees F. year-round. Temperatures in July range from an average high of 68 degrees to an average low of 51. The summer months often bring coastal fog, especially in the early morning and evening. The water temperature averages 46 to 60 degrees. Visitors are advised to exercise caution when climbing on rocks, exploring tide pools or swimming. Dressing in layers is a good idea when visiting the area. Generally light to medium weight clothing is recommended - always bring along a sweater or light jacket for summer evenings.

ENTERTAINMENT AND SPECIAL EVENTS

(For Registered Physicians & Partners Only)

Opening Introductions – On Wednesday evening, this event represents a special beginning to the conference. Through informal introductions, it provides an opportunity for all participants to get to know each other, develop relationships, and foster continued personal and professional networking. A brief history of WIM will also be presented.
Cost included in registration fee.



Monterey Bay Aquarium – Registered participants and their children are invited to enjoy a complimentary dessert reception in the beautiful Outer Bay Wing of the fabulous Monterey Bay Aquarium on Thursday evening. The Outer Bay gallery features a million-gallon indoor ocean hosting a colorful cast of characters, including sunfish, tuna, sea turtles and jellies. Transportation will be provided.
Cost included in registration fee.

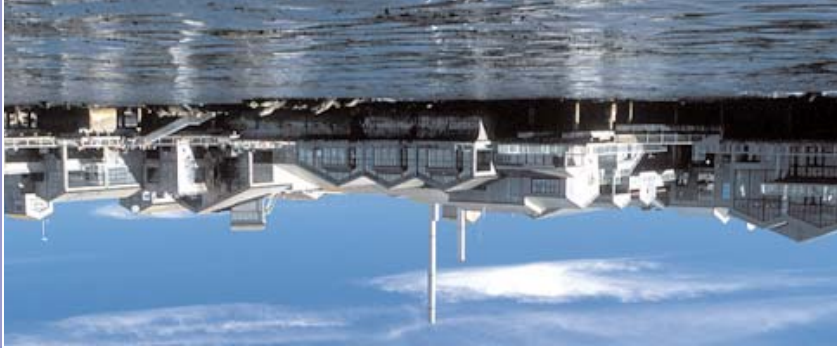
LHF Reception and Auction – The annual reception and auction late Friday afternoon is a fun-filled fund-raising event which enables the continued financial support for lesbian health projects. *Cost included in registration fee.*

Film Night – On Friday evening, Dee Mosbacher, MD, PhD will preview her new film “*Training Rules*” - a documentary examining how women’s collegiate sports, caught in a web of homophobic practices, may destroy the lives and dreams of many of its most talented athletes.
WIM Fundraiser - Donations accepted.

Bonfire & Smores – Join in the fun of making Smores at the Bonfire on Friday evening. This will be a fun-filled activity for all ages. *Cost included in registration fee.*

Closing Events – This special Saturday evening line-up is designed to provide both reflection and celebration.
Cost included in registration fee.

* **Graduations and Transitions** – A special time to recognize the achievements of students, residents, and our colleagues.
* **Vickie Shaw** - We are extremely pleased to present a performance by lesbian spitfire, Vickie Shaw. A seasoned comedian, hilariously addressing the triumphs and trials of a mother and gay in America, she is sure to provide an unforgettable evening of laughter.
* **Karaoke** - End the evening with rousing song - the perfect way to punctuate another great WIM experience!



Course # 09-801-07

Scholarships are available for medical students. Need-based assistance is available, on a limited basis, for others. Please contact Women in Medicine directly at WomenInMedicine.org.

SCHOLARSHIPS

As we've done in the past, we will once again organize a Mentoring Program for medical students. Our goal is to meet as many of the needs and requests of both students and mentors as possible, while providing a relaxed atmosphere for networking, insight, and invaluable support. Anyone interested is invited to join!

Students: Often your Dean's Office has funding available for cost of registration and travel.

Students to attend conferences. These funds may cover the cost of registration and travel.

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Medical students are encouraged to attend WIM for many reasons. Not only is the medical education relevant, but the network of personal and professional support famous at WIM is also an invaluable investment in a student's education, career, and personal growth. WIM invites medical students to apply for scholarships to help defray the cost of attending this conference. Application may be made by calling or writing the University of Vermont Office of CME, 128 Lakeside Avenue, Suite 100, Burlington, VT 05401. Phone: (802) 656-2292, Fax: (802) 656-1925. Website: <http://cme.uvm.edu>. The deadline for application is May 15, 2008.



MEDICAL STUDENTS

A WOMEN'S HEALTH SYMPOSIUM

Women in Medicine 2008 marks the 25th annual retreat and CME conference for lesbian physicians, medical students and their partners. This annual gathering is a blend of education, camaraderie, networking and mentoring. The educational program is designed to address up-to-date information on a variety of pertinent medical topics related to women's health issues and lesbian health research. Plenary sessions will encompass most of the medical specialties. Workshops offer an array of more in-depth topics related to specific medical issues. Breakout sessions for non-physician partners will also be conducted. This is the only medical conference where partners are not only invited to attend, but are also welcomed and encouraged to participate and learn from the high quality medical and non-CME presentations. We are proud to present a broad range of medical, personal, and social issues relevant to today's world.

In keeping with the retreat format, only registered physicians and their registered partners are invited to attend the educational sessions and social functions associated with the program. Children are invited to social functions as appropriate.

AGAIN THIS YEAR

Book Club - At Saturday lunch, Dr. Nanette Gartrell will discuss her bestselling book, *MY ANSWER IS NO...if that's okay with you: How Women Can Say NO and (Still) Feel Good About It* (Simon & Schuster, 2008). In this book, CEO's, celebrities, academics, and activists talk about the challenges of saying "NO." Dr. Gartrell tells us how to maintain healthy boundaries with family, friends, and co-workers. www.myanswerisno.com

NEW PARTICIPANTS

WIM welcomes new participants! If you are new to the conference, there are many opportunities to interact, from networking at meals to the small group experiences and social functions. First time attendees receive a 10% discount.



CME

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Vermont designates this educational activity for a maximum of 11.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.



Refund Information: In the event that you must cancel your registration in the conference, a \$75 administrative fee will be charged. No refunds are possible after June 10th.

Special Needs: The state park terrain of Asilomar, and the need to negotiate its variable walkways frequently throughout the conference, may be challenging for some. Please contact the University of Vermont Office of CME if you have any special needs. We will do our best to work with Asilomar to accommodate you. Dietary restrictions need to be arranged directly with Asilomar.

SMALL GROUPS

Throughout the conference, these sessions offer physicians and partners an intimate environment for in-depth, sometimes emotional and soul-searching discussions on a variety of personal issues. This is a great venue for getting to know your colleagues in a smaller, more personal setting than a lecture. Don't miss them!

CHILD CARE

Families with children are an important element of the WIM conference. Professional childcare providers will operate a WIM Daycare Center while the conference is in session.* Children from 6 months to 12 years are eligible to participate in this program, offering age appropriate interactive educational opportunities, arts and crafts, and play. Evening child care will also be available. If you wish to receive child care information, please check the appropriate box on the conference registration form. Fees for child care are extra, requiring early and separate registration from the conference.

**Note: Professional child care will be available only if sufficient interest.*

For More Information on WIM
WomenInMedicine.org
Log-on Regularly for Updates!



COLLEGE OF MEDICINE

In Alliance with Fletcher Allen Health Care

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WOMEN IN MEDICINE 2008



MONTEREY PENINSULA, CA



The
UNIVERSITY
of VERMONT

PRESENTS

The 25th
WOMEN
IN
MEDICINE
Conference

JULY 9-13, 2008

MONTEREY PENINSULA, CA



ASILOMAR

PROGRAM SCHEDULE

WEDNESDAY, JULY 9

- 12:00-7:00 **Registration**
- 2:30-3:00 **Small Group Leaders Meeting**
- 2:30-6:00 **Children's Program**
- 3:00-3:30 **Welcome /Announcements**
Elizabeth Tillman, MD
- 3:30-5:00 **Plenary Sessions:**
- 3:30-4:15 **The Origins of Diversity of Sexual Orientation and Gender Identity in Lesbians**
Kate O'Hanlan, MD
- 4:15-5:00 **Emerging Lesbian Identity: The Integration of Existential Aspects of Lesbian Identity**
Laurie Jo Moore, MD
- 5:10-5:55 **Small Groups**
- 6:00-7:00 **Dinner**
- 7:15-9:45 **Child Care (optional)**
- 7:30-9:30 **Opening Event**
WIM History- Introductions
Jane Petro, MD; Leslie Anderson, MD

THURSDAY, JULY 10

- 7:30-8:30 **WIM Board Meeting**
- 7:30-8:30 **Breakfast**
- 8:15-5:30 **Children's Program**
- 8:30-11:45 **Plenary Sessions:**
- 8:30-9:30 **The USA National Longitudinal Lesbian Family Study: 17 Year-Old Interview Results**
Nanette Gartrell, MD & Henny Bos, PhD
- 9:30-10:30 **Pretty Healthy: Who Decides?**
Susan Love, MD
- 10:30-10:45 **Break**
- 10:45-11:45 **Domestic Violence in the Lesbian Community: Medical and Legal Aspects**
Tara Flanagan, Esq.

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|------------------------|--|
| 12:00-1:00 | Lunch/Mentor-Mentee Lunch |
| 1:30-2:15 | Concurrent Workshops – Session I |
| * | A Conversation About Women and Heart Disease Kim Duir, MD & Soundas Movalla, MD |
| * | Lessons in Loss and Grieving Shay Bintliff, MD |
| * | College Student Mental Health: The University of California Experience Patricia Robertson, MD |
| * | Phytoestrogens and the Prevention of Chronic Disease Paula Amato, MD |
| 2:20-3:10 | Concurrent Workshops – Session II |
| * | Unique Field Experience in GLBT Health at U. Mass Medical School Heidi Holland, EdM & Emily Ferrera, MA |
| * | Stooling, Diarrhea, Constipation and Incontinence E.J. McConnell, MD |
| * | How Abortion Became Illegal: Midwives, Doctors and the Women They Served in the Nineteenth Century Laura Erikson-Schroth |
| * | Suicide Among LGBT Youth Katherine Hecksel, MD |
| 3:15-4:00 | Small Groups |
| 4:15-5:00 | Concurrent Workshops – Session III |
| * | Progress in Medicine: The Conflagration of War, Funds and Research Jane Petro, MD |
| * | Preventing and Detecting Addiction in Patients With Chronic Non-Malignant Pain Penelope Ziegler, MD |
| * | The Itchy Vulva Sheri Task, MD & Marjorie Sved, MD |
| * | LHF Workshop Marion Kavanaugh-Lynch, MD |
| 6:00-7:00 | Dinner |
| 7:15-10:45 | Child Care (optional) |
| 7:30-10:30 | Aquarium – Dessert & Coffee |
| FRIDAY, JULY 11 | |
| 7:30-8:30 | WIM Board Meeting |
| 7:30-8:30 | Breakfast |

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| 8:15-12:15 | Children's Program |
| 8:30-11:45 | Plenary Sessions: |
| 8:30-9:30 | Medicine in the Second and Third World: One Practitioner's View Jane Petro, MD |
| 9:30-10:30 | Boomeritis: Aging Whether We Like It or Not – Physical and Social Issues in Older Lesbians Lesley Anderson, MD & Mary Twomey, MSW |
| 10:30-10:45 | Break |
| 10:45-11:45 | Mid-Life Cardiovascular Issues for Lesbians Pam Charney, MD |
| 11:00-3:00 | LHF Board Meeting/Lunch |
| 12:00-1:00 | Lunch/Small Groups |
| 1:00-4:00 | Free Afternoon |
| 1:15-6:00 | Child Care (optional) |
| 1:30-3:30 | Optional Workshops |
| * | Gentle and Restorative Yoga With Ma'lena <i>Guided meditation and demonstration of techniques</i> Ma'lena Walley, RYT |
| * | Women in Crafts: Clay, Fiber and Glass <i>Followed by demonstration and hands on experimentation with vessels in clay</i> Bonnie Cooper |
| 4:00-6:00 | LHF Reception & Auction |
| 6:00-7:00 | Dinner |
| 7:15-10:15 | Child Care (optional) |
| 7:30-10:00 | Entertainment |
| * | Movie: <i>Training Rules</i> Dee Mosbacher, MD, PhD |
| * | Bonfire and Smores |

SATURDAY, JULY 12

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|-----------|-----------------------------------|
| 7:30-8:30 | Planning Meeting: WIM 2009 |
| 7:30-8:30 | Breakfast |

| | |
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| 8:15-12:15 | Children's Program |
| 8:30-9:30 | Plenary Session: |
| 8:30-9:30 | The High Risk Adolescent Lynn Ponton, MD |
| 9:35-10:20 | Concurrent Workshops – Session I |
| * | By the Fifth Breath Michelle Brown, MD |
| * | The Electronic Medical Record Judith Fisch, MD, Cindy Ripsin, MD, Rita Steffen, MD, Janet Yardley, MD, & Mindy Young-Spint, MD |
| * | Care and Feeding of Families Vicky Borgia, MD & Beth Oden |
| * | Understanding Post-Polio Syndrome Vivian Moise, MD |
| 10:25-11:10 | Concurrent Workshops – Session II |
| * | The Use of the Atypical Anti-Psychotic Medications Marjorie Sved, MD |
| * | LHF Workshop Marion Kavanaugh-Lynch, MD |
| * | Lung Cancer in Women: What Does Recent Data Say? Sue Yom, MD |
| * | Get Off the Treadmill: Alternative Practice Set-ups in Primary Care Lisa Quillin, MD & Carolyn McCann |
| 11:15-11:55 | Small Groups |
| 12:00-1:00 | Lunch/Book Club |
| 1:00-5:00 | Child Care (optional) |
| 1:00-5:00 | Free Afternoon |
| 6:00-7:00 | Dinner |
| 7:15-11:15 | Child Care (Optional) |
| 7:30-11:00 | Closing Events |
| * | Graduations/Transitions |
| * | Vickie Shaw |
| * | Karaoke |

SUNDAY, JULY 13

8:00-10:00 **Breakfast/General Meeting**

PROGRAM CO-CHAIRS

**Elizabeth Harrison, MD
Patricia Robertson, MD**

FACULTY

**Paula Amato, MD
Lesley Anderson, MD
Shay Bintliff, MD
Henny Bos, PhD
Vicky Borgia, MD
Michelle Brown, MD
Pam Charney, MD
Bonnie Cooper
Kim Duir, MD
Laura Erikson-Schroth
Emily Fererra, MA
Judith Fisch, MD
Tara Flanagan, Esq.
Nanette Gartrell, MD
Katherine Hecksel, MD
Heidi Holland, EdM
Marion Kavanaugh-Lynch, MD, MPH
Susan Love, MD
Ma'lena Walley, RYT
Carolyn McCann
E.J. McConnell, MD
Vivian Moise, MD
Laurie Jo Moore, MD
Soundas Movalla, MD
Beth Oden
Kate O'Hanlan, MD
Jane Petro, MD
Lisa Quillin, MD
Cindy Ripsin, MS, MPH, MD
Patricia Robertson, MD
Rita Steffen, MD
Marjorie Sved, MD
Sheri Task, MD
Mary Twomey, MSW
Janet Yardley, MD
Sue Yom, MD, PhD
Mindy Young-Spint, MD
Penelope Ziegler, MD**

REGISTRATION FORM

First: _____ MI: _____ Last: _____

MD DO Student Specialty: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (H) _____ (W) _____

E-mail: _____

Initials _____ Last 4 digits of your SSN#

_____-_____-_____-_____-

(For CME tracking purposes only)

Please check here if first-time attendee:

May the Welcoming Committee contact you? Yes **No**

PARTNER INFORMATION

Partner's Name: _____

MD DO RN NP PA Other _____

Profession: _____

Partner's Address (if different from above): _____

_____-_____-_____-_____-

Phone: (H) _____ (W) _____

Email: _____

Will you require CME Credit (AMA Category 1 or Nursing)?

(Partner Only): Yes No

If require CME/CEU's, please complete below:

Initials _____ Last 4 digits of your SSN#

_____-_____-_____-_____-

(For CME tracking purposes only)

Please check here if first-time attendee:

May the Welcoming Committee contact you? Yes **No**

CHILDREN'S PROGRAM

Are you interested in day care? Y N
Evening sitters? Y N
Activities for Children 10+ Y N

Name(s) of children attending:

_____ Age _____

_____ Age _____

_____ Age _____

SMALL GROUPS

Small groups are an incredibly important part of the WIM experience, providing an opportunity for getting to know people well. We will assign small groups by topic. Please list your topic preferences below. If you would like to be in a small group with your partner, please indicate below (otherwise, partners will be placed in different small groups).

Topics: _____

Group with partner: Yes No

Would you like to facilitate a small group? Yes No

SPECIAL EVENT

(For Registered Physicians, Partners & Their Children Only)

I/we will attend:

Monterey Bay Aquarium (Thursday Evening)

_____ Tickets

Tickets are not required for children under age 3

**If you plan to purchase a Fleece Vest,
designed especially for WIM 2008,
what size(s) would you like?**

___ S ___ M ___ L ___ XL ___ XXL

Registration deadline: May 30, 2008

REGISTRATION SUMMARY

- | | | | |
|--------------------------|---------------------------------------|--------------------------------|------------|
| <input type="checkbox"/> | Physicians | \$495.00 (\$550 after Mar. 31) | \$ _____ |
| <input type="checkbox"/> | Partners | \$395.00 (\$450 after Mar. 31) | \$ _____ |
| <input type="checkbox"/> | Residents | \$150.00 | \$ _____ |
| <input type="checkbox"/> | Students* | \$ 50.00 | \$ _____ |
| <input type="checkbox"/> | 10% Discount for first time attendees | | (\$ _____) |

- | | | | |
|--------------------------|-------------------------------------|---------|----------|
| <input type="checkbox"/> | \$ 37 per person Offsite Attendee** | # _____ | \$ _____ |
| <input type="checkbox"/> | \$ 143 per Adult Meal Package | # _____ | \$ _____ |
| <input type="checkbox"/> | \$ 110 per Child Meal Package (3-6) | # _____ | \$ _____ |

Meals are included in the Asilomar Room Rate.

Order the Meal Package only if you are staying off property and wish to have meals with the group.

** *Offsite Attendee Fee is required for all registered participants not staying at Asilomar.*

- | | | |
|--------------------------|----------------------|----------|
| <input type="checkbox"/> | Scholarship Donation | \$ _____ |
|--------------------------|----------------------|----------|

Total Amount Due \$ _____

*SCHOLARSHIPS AVAILABLE (LODGING ONLY)

- Please send application.

Please also check with your Dean's Office for additional funding.

Limited need-based assistance available for others. Contact:
wimretreat@earthlink.net

PAYMENT METHOD

- Check (payable to University of Vermont)
 Visa MasterCard American Express

Credit Card # _____ Exp. _____

Signature _____



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Continuing Medical Education
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Burlington, VT 05401

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