



The University of Vermont
CONTINUING MEDICAL EDUCATION

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FALL 2016 EDITION

PRESIDENT'S ADDRESS

I have to preface this message by telling you this is not my original message. My original message spoke to how great it was to see new and familiar faces in Chicago (and it was), my gratitude to Colleen McNicholas, Jennifer Carnahan and the UVM staff for a great conference (which I still have), and my looking forward to Jane Petro putting on a great program in Vermont (which I'm still eager for). However, I feel that in light of recent events, I need to add to that message.

November 8th was a brutally tough day for me, and I'm sure for many of you. I had hoped to follow the celebration of my first wedding anniversary with a win for progress, reproductive rights, tolerance, love and equality. Sadly, that was not the case. I've experienced sleepless nights, tightness in my chest, clashes with friends and family, anger and fear for our rights and civility in general. But, thanks to many of the women in this group, I've also experienced a strong sense of community, pride and determination. To see members from this group organize and attend peaceful protests across the country, and come out fighting for not only our rights, but for what IS right, gives me great joy and hope.

As with our WIM conferences, it is our sense of community and coming together that gives us strength. Although we are a diverse group of women, we unify around what we have in common - a love for medicine, a desire to educate and mentor each other and future physicians, and our shared struggles as sexual minority women. We must continue to come together, to lift each other up, learn from each other, and to build a larger and stronger community for ourselves and future generations to come. Whether it is attending a peaceful protest, making a donation to a progressive charity, having a tough conversation with friends and family, standing up when someone is being bullied, or giving a presentation about health care disparities in minority populations, please...get involved and stay involved.

We are extending the deadline for abstracts for the Vermont conference until December 10th. Please come, participate, and help make WIM stronger than ever. Here is the link to submit an abstract:
<https://www.regonline.com/Register/Checkin.aspx?EventID=1869117>

Stay warm and start planning your trip to Vermont! Make sure you bring a friend or two or three....the more the merrier!

Jennifer Chaffin, M.D.
WIM President

WomenInMedicine.org

wim.doctors@gmail.com



Pictures from some of the Chicago outings!



~ 2016 ~ Women in Medicine

Our annual conference was a wonderful opportunity to reconnect with friends and colleagues and get some top-notch continuing medical education. If you weren't able to attend, we missed you dearly and hope to see you in 2017 as we return to Vermont. We will be in beautiful Burlington, home of the University of Vermont!

The 2016 WIM conference was held at the beautiful Hilton Chicago/Indian Lakes resort, complete with two separate swimming pools, a wellness center, golf and putt-putt courses, and 5 restaurants and bars! Most attendees

were able to use free time to explore the surrounding Chicago area. Activities ranged from catching a White Sox game to checking out the iconic "Cloud Gate" (aka "The Bean") sculpture in historic Millennium Park to exploring the nightlife in Boystown, the first officially recognized gay village in the United States of America.

The medical education was fantastic this year. We had impressive speakers sharing their knowledge about a broad range of topics. Topics ranged from Transcare in children and adolescents to financial planning to Lesbian Physicians of 19th Century Chicago to even hands-on practice with point-of-care ultrasound. In some of the workshops, we explored intersections of identity, wellness and life balance, and goal-setting and self-empowerment.

One of my favorite parts of the conference was the closing event on Saturday evening. All of the hard work put forth by the conference organizers Colleen McNicholas, Jen Carnahan and our President Jen Chaffin really shone through on this final evening. Lesley Anderson re-introduced a

"Herstory" presentation highlighting the herstory of our group and some of the magnificent contributions our members have made to medicine as a whole and to the fight for LGBTQ equality. This perspective was especially powerful and solidified a foundation for some of the

younger members of our group regarding the incredible accomplishments of our senior members in keeping our community vibrant over the years.

This year, we had a very active and engaged group of medical students. Through our re-vamped mentorship

program led by Juno Obedin-Maliver and the mentorship committee, students were paired with a mentor of similar interests. Our community holds the deepest amount of gratitude to donors of all scholarships. Your contributions will continue to allow

us to make it possible to fund the travel, lodging and scholarships for our medical students, residents and junior attendings, thereby ensuring our success and longevity into the future and rewarding their impressive accomplishments in LGBTQ advocacy and research.

With so much to celebrate, I can hardly contain my enthusiasm to reconnect with everyone next year. Please save the date for

our 34th annual WIM conference, which will be May 31st-June 4th, 2017 in Burlington, Vermont. More information will be forthcoming on the website and in your mailboxes. For those who weren't able to make Chicago, I truly hope to see you in Burlington. Given the outcome of recent elections, it will be ever more important for

us to reconnect, share space, and celebrate our community.

Warmest regards,

Kara Toles, MD
WIM Vice-President



ATTENTION SPEAKERS and STUDENTS!

The 34th Annual Women in Medicine 2017 Conference & Retreat
Seeks Plenary, Workshop and Poster/Research Presentations!

Hilton Burlington, Vermont — May 31 ~ June 4, 2017

Plenary Sessions: Plenary Sessions are from 45 to 60 minutes in length and will be the only presentation offered during that time period. Preference will be given to proposals that relate to medical topics. Panel presentations are also possible as plenary sessions.

Workshops: There will be multiple workshops scheduled concurrently. These will be 40 to 45 minutes in length. Presentations may focus on any topic of interest to lesbian physicians or their partners.

Longitudinal Workshops: We are seeking leaders for traditional small group sessions. These sessions tend to be 30 to 45 minutes in length and will be offered several times during the conference to maintain continuity of discussion. Leaders are not required to be trained facilitators and newcomers are welcome.

Attention all Medical Students and Residents:

- Do you have something that you would like to present at WIM?
- Do you have preliminary data on a project and want to know how to go forward?
- Do you have completed research that you would like to have critiqued?
- Do you have what you think is a good idea for a research project but lack support for it?

WE HAVE SOLUTIONS FOR YOU: Sunday morning will be a medical student symposium. You are invited to submit an abstract outlining your project and, if accepted, give a 10 minute presentation to a friendly, experienced, yet critical audience. We will be sure that there is a senior attending, as well as other member/mentors in the audience who will be invited to make comments on your work. This forum is ideal for sharing concepts that are in progress, but not necessarily refined or complete.

DEADLINE FOR SUBMISSION OF PROPOSALS: December 10, 2016

Please submit proposals on-line by visiting: <http://www.uvm.edu/medicine/cme> If you have any questions, please contact the University of Vermont at: (802)656-2292 or via email: karen.whitcomb@uvm.edu



FINANCIAL SUPPORT FOR WIM

Every year many amazing women (including yourself) help support WOMEN IN MEDICINE and the donations that we receive each year keep the conferences continuing, along with the student scholarships and our ability to stay connected as a lesbian physician group. Remember that any donation above \$1,201 a year, will allow you one registration fee towards the upcoming conference—Legacy Donors!

Donations to WIM can be made all year long through our PayPal account at WomenInMedicine.org. Thank you to those that have included us on their life insurance and/or wills and to those that have donated stocks. You may also

send checks directly to WIM. You can specify your contributions to our general operations fund, leadership scholarship fund, or for the support of our medical students to attend the conference. As many of you know we have had a great increase in medical students and residents over recent years and this is thanks to the generosity of our members, so let's keep it going.

Send checks to:

**Women in Medicine, Inc.
P.O. Box 107
Colchester, VT 05446**

GOING GREEN?

If you would like to help WIM save money as well as help the environment, please let us know if you would prefer to receive future publications and notices electronically.

Please send your name and preferred email address (or two).

MOVING?

Please also keep us up-to-date on your current addresses for our database.

Email WIM: wim.doctors@gmail.com

UPCOMING 34th ANNUAL WIM CONFERENCE

Hilton Burlington, Vermont May 31 ~ June 4, 2017

TOP 10 REASONS WHY YOU SHOULD VISIT VERMONT in 2017!!

#10 Beautiful Scenery.

#9 Home of Ben & Jerry's, The Vermont Teddy Bear, Lake Champlain Chocolate and some of the best Beer and Cheese in the country!

#8 Narrated cruises aboard The Spirit of Ethan Allen.

#7 Lake Champlain. The 6th largest lake in the US.

#6 Great Restaurants. Unofficially, the highest number of trained chefs per capita.

#5 Family Activities: swimming, sailing, hiking, biking, ECHO Lake Aquarium and Science Center...

#4 5 Mile Bike Path along the lake and right across the street from the hotel!

#3 The Arts. Vermont Symphony Orchestra's outside concerts, Friday Afternoon Jazz, St. Michael's Playhouse!

#2 Shelburne Museum, Ethan Allen Homestead, Robert Hull Fleming Museum of Art.

#1 Friendly people - Especially those great CME folks!

Vermont's largest city - and only city of any size - lies in a beautiful location on a hillside overlooking Lake Champlain and the skyline of the Adirondack mountains, on the opposite shore in New York. The thriving downtown reaches right to the shore, but its main shopping district is a few streets above on Church Street. There is almost always something happening in this broad, car-free space lined by shops and restaurants.

Crowning the hill is the stately campus of the University of Vermont, which gives Burlington a young, hip vibe. Don't expect a big city, but do



expect to find a high concentration of arts and cultural attractions, as well as plenty of active options for tourists to enjoy. Burlington has a high population of artists and fine quality craftspeople, whose works you'll see in the many galleries and studios throughout the city and surrounding towns. The Flynn Theater is a magnet for top national and international performers and music, and Burlington is home to the

Vermont Symphony Orchestra as well as music and theater groups at the university.

For more information, please visit: [University of Vermont Website \(http://www.med.uvm.edu/cme\)](http://www.med.uvm.edu/cme) or email: wim.doctors@gmail.com or Karen.Whitcomb@med.uvm.edu.

TRANSITIONS/ANNOUNCEMENTS/PUBLICATIONS

Subcommittees:

In Chicago, the WIM Board voted to create several new Subcommittees in an effort to better operationalize what we do, and involve more people. Membership on the subcommittees is open to all who are interested, not just Board members. If you are interested in joining or chairing one of the committees, please contact Jennifer Chaffin at jac4md@hotmail.com.

The current subcommittees and general roles include:

Archives- capturing, collecting, and maintaining the history of WIM. Jane Petro has offered to Chair the subcommittee, and the Board voted to house our archives at Drexel University, in Philadelphia. Jaime Stevens is also on this subcommittee.

Recruitment and Retention- This subcommittee will be tasked with both finding new attendees and ensuring that attendees continue to come back to WIM. Jennifer Chaffin has offered to Chair this subcommittee, and Nix Sitkin, Hannah Janeway, and Peggy Roberts have also joined this subcommittee.

Mentorship- This subcommittee is already in existence, and has been working hard to formalize and expand the existing mentorship of medical students, residents, fellows and practicing physicians. Sheri Task, Kara Toles, Juno Obedin-Maliver, Shay Bentliff, Patty Robertson, and Nix Sitkin, are steering this committee.

Scholarship- This subcommittee is tasked with reviewing applications for the Leadership Scholarships and designating the recipients. Several board members are already involved with this subcommittee.

Financial- This subcommittee oversees WIMs financials and conference budgets. It is headed by Mindy Young-Reeves, our Treasurer.

Fundraising- This subcommittee will be tasked with organizing and running WIM fundraising efforts, both throughout the year and at our conferences. They will work closely with the Financial and Program committees.

Program- This subcommittee is tasked with developing the program for the annual conference. It will include, at a minimum, the conference chair(s), immediate past conference chair(s), the President, and the Treasurer. Additional members can join to assist with building the program.

Communications- This subcommittee will be tasked with communicating to the WIM database, as well as expanding the database. It will include overseeing the quarterly newsletter, social media, advertising with other organizations, etc.

Send us your updates!!
wim.doctors@gmail.com

Publications:

Patty Robertson, MD and Juno Obedin-Maliver, MD just published the chapter: Lesbian and Bisexual Women's Health in the *56th Edition of Current Medical Diagnosis and Treatment 2017* (Published by Lange)! This is a big step forward for a major internationally utilized medical textbook.

Announcements:

Juno Obedin-Maliver, MD and her partner Therese Lee, JD are excitedly expecting their first child in the beginning of January.

Laughter Therapy by Shay Bentliff, MD

Car problem solved!! A man went to pick up his car at the auto repair shop. The mechanic said, "I couldn't repair your brakes, so I made your horn much louder!!" But that didn't work! The man was in a traffic crash the next day and ended up in the hospital. His best friend came to visit him, and the patient struggled to say to his friend: "My wife Sadie visits me three times a day. She's so good to me. Every day, she reads to me at the bedside." "What does she read?" the friend asks. "My life insurance policy!!"

"Mom, you said that our new baby brother has your eyes and Daddy's nose, didn't you?" "Yes, darling," the Mom replies. "Well, you'd better keep an eye on him...he's got grandpa's teeth!!" one more...A young boy is with his parents at his father's company picnic when a friend of his mother's makes a comment: "Gee, your Dad really fills his plate often. I saw him go to the buffet table five times!!" "Oh no, that's not for him...He's filling those plates for my Mom!!"

A first grade school teacher's pupils when asked to "share a fun item"!! Millie, age 6: "My uncle goes out on a boat with 2 other men and a woman and pots, and comes back with crabs!" James, age 7: "My Dad was a sailor on the ocean. He knows all about the ocean. What he doesn't know is why he quit being a sailor and married my Mom!" Now if one of these didn't make you smile, you need to find a sense of humor.

And this last one is a guarantee!! A woman goes to the doctor's office where she was seen by one of the younger doctors. After only three minutes in the exam room, she burst out screaming as she ran down the hall. An older doctor stopped her and ask what was the problem. She told him her story, and as she finished, he sat her down and told her to relax! The older doctor then found the younger doctor in his office doing paper work. "What in heaven's name is the matter with you?" he demanded. "Mrs. Terry is 71 years old, has four children and seven grandchildren...and you tell her she's pregnant!!" The younger doctor keeps writing, and without looking up, asks, "Does she still have the hiccups?"

I think that's enough LOL's for today,
my friends.

Aloha...a hui hou



MEDICAL STUDENTS



Women in Medicine 2016 ~ \$5,000

Leadership Academic Scholarship Recipients

This has been another year of renewed excitement and interest in the future of our organization. The board has spent quality time looking at how we can grow and sustain ourselves for the future. The result of this is the formation of one \$5,000 student Leadership Scholarships that was awarded to:

Camille Spears, University of Texas Health Science Center San Antonio, San Antonio, Texas, University of Texas School of Public Health, San Antonio Branch, San Antonio, Texas, MD/MPH Dual Degree Program, expected graduation date of 2018; University of Texas at Austin, Austin, Texas, Bachelor of Science in Ecology, Evolution and Behavior, 2012.

Three additional \$5,000 Academic Scholarships awards include:

The Breeding-Task Women in Medicine Academic Scholarship

established by Caroline Breeding and Sheri Task, was awarded to:

Ansley Schulte, University of Florida College of Medicine, Gainesville, Florida, expected graduation date of 2018; St. John's University, Jamaica, New York, Bachelor of Science in Biology, 2014.

The Gartrell-Mosbacher Women in Medicine Academic Scholarship

established by Nanette Gartrell and Dee Mosbacher, was awarded to:

Erin Baroni, Texas Tech University Health Sciences Center, Lubbock, Texas, expected graduation date of 2017; University of Texas, Austin, Texas, Bachelor of Arts in Biology, 2012.

The Reynolds-Warner Women in Medicine Academic Scholarship

established by Nancy (Nan) Warner and Christine (Chris) Reynolds, was awarded to:

Erika Hsu, David Geffen School of Medicine at University of California, Los Angeles, expected graduation date of 2018; University of Pennsylvania, Philadelphia, Pennsylvania, Bachelor of Arts in Molecular Biology and Biophysics, 2012.

Congratulations to all our recipients! The 2017 Leadership Scholarship Application is now available on the WIM website, please direct any medical students you think would be a good candidate. Deadline for the application is February 1, 2017.